

YWCA OF THE SAUK VALLEY PRESENTS:

Week Without Violence Events

October 14-18, 2019

Stand Up for Peace Art Gallery

October 5, 2019 | 11:00AM-2:00PM | YWCA Sterling Office

Can you imagine a world without violence? A world filled with peace? Stop by the YWCA and tour our art gallery during the United Way of Whiteside County Annual Chili Cook-Off. Art of all forms submitted by community members will be on display.

School's Out-Peace Out

October 14, 2019 | 11:00AM-2:00PM | YWCA Sterling Office

Spend Columbus Day with the YWCA at our School's Out-Peace Out family event! We will be offering children's activities and selling lunch (while supplies last) for only \$1 per person! Event will be held rain or shine.

Make and Take Evening with Primitive Frills

October 15, 2019 | 6:00PM-9:00PM | \$10 per person | Primitive Frills, 7 E. 3rd Street, Sterling

Join the YWCA at Primitive Frills for a fun Make and Take evening! Due to limited space, pre-registration is required. Price is \$10.00 per person. Please stop by the YWCA in Sterling to register.

Tasting Food from Around the World

October 16, 2019 | 11:00AM-2:00PM | YWCA Sterling Office

Join the YWCA during your lunch break as we Taste Food from Around the World! This will be a free and fun opportunity to try samples of different dishes from a variety of countries (while supplies last).

Walking the Walk Simulation: A Sexual Violence Awareness Exercise

October 17, 2019 | 12:00PM-1:00PM, 1:30PM-2:30PM | YWCA Dixon Office

The Walking the Walk simulation was designed to allow people to experience the issues and emotions survivors of sexual violence face each day and understand the complexity of sexual violence. We will be facilitating two sessions at our Dixon office. Pre-registration is preferred. To register, call 815.625.0333.

Walk Without Violence

October 18, 2019 | 4:00PM | YWCA Sterling Office

Join the YWCA as we walk in solidarity of survivors of domestic violence and to end domestic violence in our community.

**eliminating racism
empowering women**

ywca

Sauk Valley

412 First Avenue, Sterling
T: 815.625.0333 | F: 815.625.5308
98 S. Galena Avenue, Dixon
T: 815.288.1232 | 815.288.1141
www.ywsauk.org



**YWCA
IS ON A
MISSION**



The YWCA of the Sauk Valley is a United Way Agency.

YWCA of the Sauk Valley Presents:
Week Without Violence

October 14th – 18th 2019

October 5th

United Way Chili Cook Off
Stand Up for Peace Art Gallery
YWCA Sterling Office Parking Lot
11:00am-2:00pm

October 16th

Tasting Food from Around The World
YWCA Sterling Office
Free event
(while supplies last)
11:00am-2:00pm

October 14th

School's Out-Peace Out
YWCA Sterling Office
Lunch for only \$1.00 per person
(while supplies last)
Activities from
11:00am-2:00pm

October 17th

Walking the Walk Simulation
YWCA Dixon Office
Free event
12:00pm-1:00pm &
1:30pm-2:30pm
Pre-registration preferred

October 15th

Make and Take event
Primitive Frills
\$10.00-limited space available
6:00pm-9:00pm
Pre-registration required

October 18th

Walk Without Violence
YWCA Sterling Office
Free event
4:00pm

For more information, please visit our Facebook page or call 815.625.0333.

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